

INVITATION

**To the 2019
SASKA NATIONAL CHAMPIONSHIP
Hosted by
Lourens Karate Academy**

*Korfbal Hall
525 11th Avenue, Gezina, Pretoria, Gauteng*

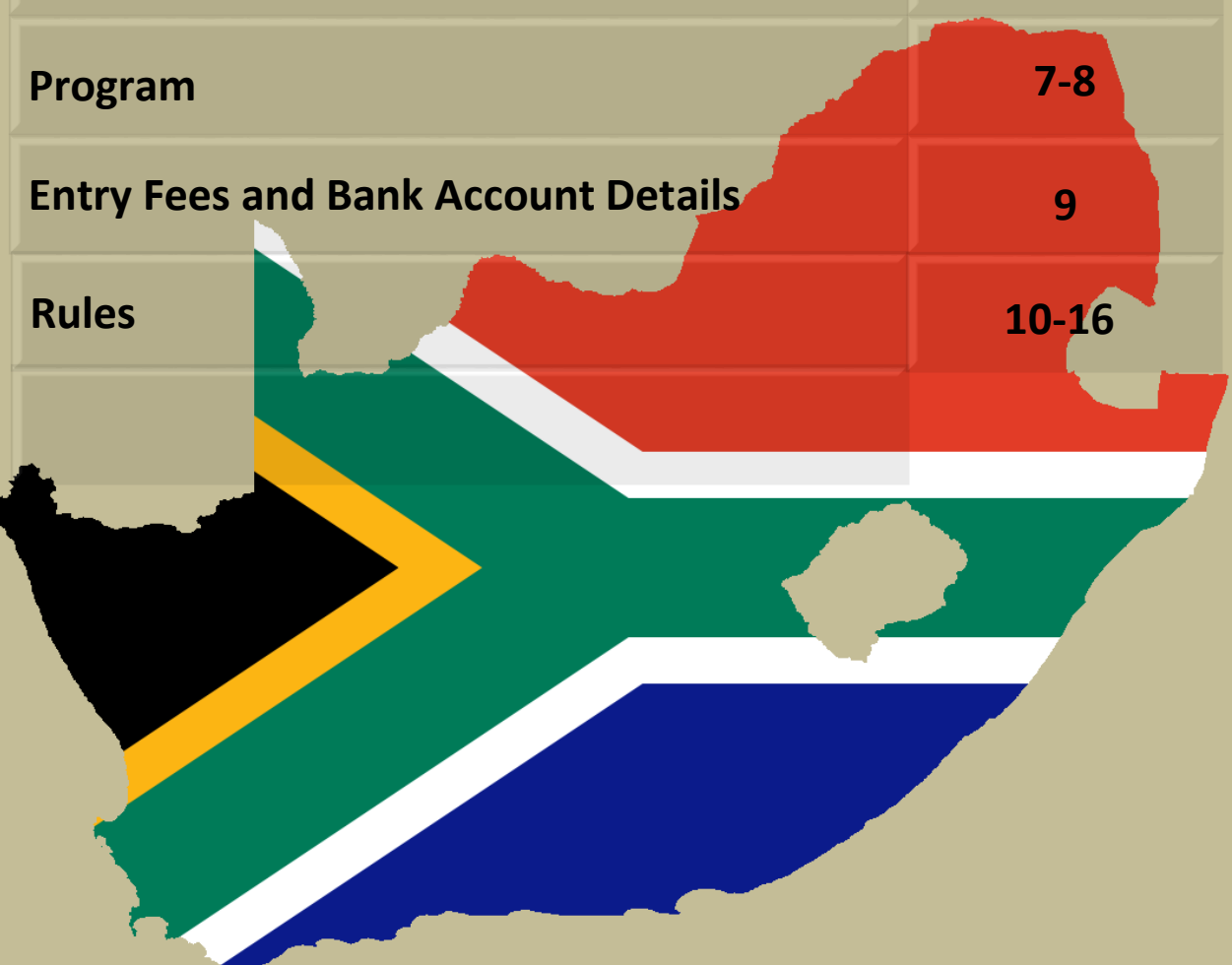
22 & 23 March 2019



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MESSAGE FROM THE SASKA STYLE HEAD

“The secret of change is to focus all of your energy not on fighting the old, but on building the new.” – Sensei Masaru Shintani

It is with great anticipation that I look forward to the beginning of 2019.

We are all standing on the shoulders of giants that paved the way of karate for us. It allows us to see everything in better perspective. We are drawing from their experience and teachings, using the old to build a strong, new future.

We should encourage our students to participate in championships, to aspire to hold that gold cladded piece of metal in the palms of their hands. We also should teach them that losing can mean growth, and winning can create a false sense of security. It has the potential of defeating the purpose of the sweat on the floor of the dojo.

My viewpoint my friends, is to never compromise our budo karate. Application of karate techniques in the controlled environment of a tournament with a soft tatami under our feet and many rules to adhere to, is entertaining. An unexpected attack in the street is all about survival. It is at that moment that we should not fight the old, but instead, use it to secure our future.

I want to invite you to join us on the 22 & 23 March 2019 at our Annual SASKA National Championships. Let us embrace also this facet of karate, unafraid of change, always aware of our small beginnings.

Shihan Koos Burger.

God Bless

INTRODUCTION TO SASKA

It was in 1963 that Koos Burger, at the age of 20 years, first entered a dojo to train in Shotokan Karate. He was graded to Shodan in 1967, and in 1988 he was awarded Godan by Sensei Kanazawa. Shihan Koos Burger established SASKA in 1990 with a clear and powerful vision that would uphold the strong approach of Budo Karate up until this day. Between 1983 and 1991 Shihan Koos Burger trained for extensive periods of time in Japan. But it was in 1993 that he recognised Sensei Taiji Kase's extremely powerful techniques and in 2002 he graded Shihan Koos to 7th Dan. Shihan Koos Burger continuously trained with Sensei Taiji Kase from 1993 up till 2006. Thereafter unfortunately Sensei Taiji Kase past away.



The Berg Gashuku, held annually at the Injitsuthi Camp in the Drakensberg is one of the main events of the year. Leading his senior belts up all the way to the marble baths, he will stop several times to share his more than 55 years of experience with his well-trained karateka

Today, a Hanshi, 9th Dan, he holds the following positions in the world of karate:

- Style Head of SASKA;
- ISKS Technical Director;
- Vice-President of WUKF
- One of the founders of the newly formed organisation Traditional Shotokan Karate Association (TSKA).



Receiving an honouree Samurai title, Shihan Koos Burger

He took SASKA to great heights, developing all facets of Shotokan Karate, with emphasis on Budo techniques. He trained with many renowned masters which includes: sensei's Kase, Shirai, Kanazawa, Enoeda, Yamaguchi, Tanaka, Tambourini, Kawazoe, Naito, Kasuya, Koga, Kawamura, Sugimoto, Asai, Higaonna, Ozawa, and De Mura.

SASKA proudly boasts dojo's nationally and internationally, producing world champions, upholding the high SASKA standard in budo karate, sport karate as well as refereeing. It is under his leadership that SASKA became a highly respected organization.

VENUE: KORFBAL HALL GEZINA

Address: 525 11th Avenue, Gezina

Contestants and spectators will enjoy a well-conditioned environment with open areas for air circulation. The competition will be run on 6 x Tatami's and computerised scoring systems with visual displays will add to the professional presentation of the competition. The venue also offers safe and ample parking.

ENTRIES AND COURSES

CLOSING DATE

Entries to the SASKA National Championship will close on **Friday 1 March 2019** and the final date for payment of entry fees is **8 March 2019**.

Regrettably **NO ENTRIES** will be accepted after **8 March 2019**.

CORRECTION DATE

The last day for corrections is **Thursday, 14 March 2019**. The team manager is responsible for ensuring that all competitor details are correct.

OFFICIALS COURSE

A compulsory official's course by SASKA's Chief Referees will be conducted on **21 March 2019, 08:00 – 13:00**.

All black belts, without exception, are required to be a Referee and/or Judge.

It is compulsory for all tournament referees and judges to attend the above mentioned course. Please note that attendance of this course is compulsory for all SASKA black belts. Please wear official attire. Coaches are also encouraged to attend. Those who do not attend will not be allowed on the floor. Please remember, no black belt karateka are allowed to be coaches. Bring a pen, paper/notebook and a copy of the latest WUKF rules. Study the rules beforehand.

ALL TABLE OFFICIALS:

Training will be on **21 March 2019** as well, **8:00-13:00**.

We require the services of 24 volunteers as Table Officials.

On the day of the Championship, all judges and officials will receive coupons for meals and beverages. If you do not attend the course on the 21st of March 2019, you will be liable for your own food and drink .

WE NEED THE NAMES OF ALL OFFICIALS THAT WILL CONTRIBUTE DURING THE COURSE OF THE EVENT. Dojo Heads please make sure to communicate this to the office of Sensei Laurent or Sensei Heinrich via e-mail.

PROGRAM of Events

DAY 1 - THURSDAY 21 MARCH 2019

TIME	ACTIVITY
08:00 – 13:00	Referees, Judges, Table Officials training

DAY 2 - FRIDAY 22 MARCH 2019

All Individual kata, Unison kata and Bunkai categories

TIME	ACTIVITY
07:00	Referees, Judges, Table Officials briefing
07:15	Briefing for Coaches in warm-up area
08:00	March on with Dojo banners & Opening Ceremony
08:30	First category divisions

DAY 3 - SATURDAY 23 MARCH 2019

All Individual Kumite (Shobu Ippon, Nihon and Sanbon) and Team Kumite Categories

TIME	ACTIVITY
07:00	Referees, Judges, Table Officials briefing
07:15	Briefing for Coaches in warm-up area
08:00	First category divisions

FOOD AND BEVERAGES

There will be a kiosk with various foods and drinks for sale.

All purchases will be on a cash basis.

A separate area next to the hall will be allocated as a rest and eating area.

NO FOOD AND BEVERAGES ARE ALLOWED ON THE FLOOR

ENTRY FEES & BANK ACCOUNT DETAILS

COMPETITOR ENTRY FEES

Individual Kata and one Individual Kumite Category	R250
Shobu Ippon as a third Individual Category	R150
Best of the Best black belt Kata (16yr+) Individual Category	R150
Unison Kata / Bunkai Kata / Team Kumite	R100p/c

BANK DETAILS

Account Name: SASKA

ABSA Cheque Account number: 1630148207

Branch (The Grove): 630919

Please take note of the following:

All Dojo Heads are to make a once-off payment per club and a copy of the proof of payment together with the entry form must be e-mailed to Shihan Koos Burger at: burger@saska.co.za

* Reference for payment must be the Dojo's name / SA's

SPECTATOR ENTRY FEES

Adults: R30 per person

Children: R20 per person

Children under 5 years: Free

RULES (WUKF)

AGE OF THE COMPETITOR

The age of the competitor will be calculated as his/her age on the date of the Championship (21 MARCH 2019).

MEDALS

Medals will be awarded to the first three competitors in each category.

STYLES

All styles will be accepted in all the kata categories.

DRAW SHEETS

For Kumite the repackage draw sheet system will be used. For categories with three competitors the round robin system will apply. In kata the point system will be used.

OFFICIALS DRESS CODE

- Referees and Judges must wear a short or long sleeve white shirt with a SASKA approved tie.
- Grey, navy or black trousers will be acceptable.
- A blazer is preferable but optional.
- Table Officials may wear grey, navy or black pants with a white blouse or shirt.
- Male Table Officials must wear a tie.
- Referees and Judges will not be permitted on the floor unless correctly attired.

Rules and Competition structure for the 2019 SASKA National Championships

The SASKA National championship will follow the official WUKF rules

All the Dojo Heads, Instructors and Coaches must familiarise themselves with the rules.

1. The Competition is divided into two main types:
 - 1.1.KATA
 - 1.2.KUMITE

2. Each Kata and Kumite competition will be divided into various categories:
 - 2.1.Individual male
 - 2.2.Individual female
 - 2.3.Team kata
 - 2.4.Rotational Teams (kumite only).

3. Also, each Kata and Kumite competition will be divided into **various age categories as per Table 1.**

4. For Kumite divisions see **Table 2** as a guideline in which competitors can compete:

Please note, categories may be **split or combined according to the needs of the competition.*

5. Protection equipment for KUMITE divisions:

5.1. COMPULSORY EQUIPMENT:

- 5.1.1. **Mitts:** White for Shiro / Red for Aka, corresponding to the colour of their kumite belt for that round (Sanbon, Nihon and Ippon kumite). Special WUKF Mitts designed for Ippon are allowed.
- 5.1.2. **Gum shields (ALL KUMITE DIVISIONS):** can be any colour except red.

5.2. ALLOWED EQUIPMENT:

- 5.2.1. **Groin protectors** (All Male and Female kumite divisions) must be worn under the Karate-Gi.
- 5.2.2. **Chest protectors** (Female Cadet, Junior, Senior and Veterans Kumite) must be white and worn under the Gi Jacket.
- 5.2.3. **Body protectors** (Children – Shobu Nihon Kumite) must be white or double faced red/white (recommended), corresponding to the colour of their kumite belt for that round. They can be worn over the Gi Jacket.
- 5.2.4. **Head Guard** (Children Shobu Nihon Kumite) must be white. However, a child can wear a red coloured head guard to correspond to the colour of their kumite belt for that round.

5.2.5. **Shin Guards** (Shobu Sanbon kumite) may not have an instep and must be worn under the Karate-Gi.

5.3. **FORBIDDEN EQUIPMENT:**

5.3.1. Spectacles (glass or hard plastic) for all kumite divisions

5.3.2. Shin protectors for **lppon kumite**

Instep shin protectors for all kumite divisions

NB: It's **mandatory** that the coaches inform the Competition Doctor about any item or medical device (pacemaker, surveillance device, contact lenses, etc.) that a competitor wears. If the referee discovers such an item that is unauthorized by the WUKF/SASKA Doctor the competitor will be disqualified.

6. **Kata Rules**

A **Point System** will be used in the Individual and Team Kata Matches. The winner will be the one with the highest total score.

The SASKA-ExCom may change from a “point System” to a “Flag System” according to the needs of the competition. A detailed Kata List, as well as the rules of which Kata can be performed in each round will be sent out separately to all Dojo Heads.

6.1 The KATA competition (both individuals and teams) will be organized by rounds, depending on the number of competitors. **With the exception of the Senior and Veteran Black Belt divisions, who will all have 3 rounds.**

6.1.1. If there are **30 competitors or less than that in Round 1 ($N \leq 30$):**

6.1.1.1. Round 1: the 12 highest scoring competitors going through to the 2nd round

6.1.1.2. Round 2: the 6 highest scoring competitors going through to the final round

6.1.1.3. Round 3: the best three competitors will receive the medals.

6.1.2. If there are **more than 30 competitors in Round 1 (N > 30):**

6.1.2.1. Round 1: the 18 highest scoring competitors to the 2nd round

6.1.2.2. Round 2: the 6 highest scoring competitors going through to the final round

6.1.2.3. Round 3: the best three competitors will receive the medals.

6.1.3. If there are less than 12 competitors in the first round, then the 1st Round can be omitted. Therefore, the event will become a two-round event.

For any further information on divisions and categories please consult with the SASKA Competition Excom.

Further to the above – **All rules and regulations can be found on the official WUKF website: www.wukf.com**

Kind regards,

SASKA Chief Referees

Sensei Carel and Sensei Andrea

Table 1. Age Divisions for Kata and Kumite

TABLE 1					
Category*	Age	Belts			
		9 to 7 Kyu	6 to 4 Kyu	Extra belt group	3 Kyu to Shodan
Children A	under 7 years	White - Orange	Green - Blue	TBC	TBC
Children B	8	White - Orange	Green - Purple	Red - Jnr Brown	TBC
Children C	9	White - Orange	Green - Purple	Red - Jnr Brown	TBC
Children D	10	White - Orange	Green - Purple	Red - Jnr Brown	TBC
Children E	11	White - Orange	Green - Purple	Red - Jnr Brown	TBC
Children D	12	White - Orange	Green - Purple	Red - Jnr Brown	TBC
Mini-Cadets	13-14	White -Orange	Green - Purple	Red - Jnr Brown	Jnr Black
		9 to 7 Kyu	6 to 4 Kyu	Extra belt group	3 Kyu to Shodan +
Cadets	15-17	White -Orange	Green - Purple	Red - Jnr Brown	Brown - Black
		9 to 7 Kyu	6 to 1 Kyu	Shodan +	
Juniors	18-20	White - Orange	Green - Brown	All Black Belts	
Seniors	21-35	White - Orange	Green - Brown	All Black Belts	
Veterans	36 - 40	White - Orange	Green - Brown	All Black Belts	
Veterans	41 - 45	White - Orange	Green - Brown	All Black Belts	
Veterans	46 - 50	White - Orange	Green - Brown	All Black Belts	
Veterans	51 +	White - Orange	Green - Brown	All Black Belts	

Table 2. Kumite divisions for the various age categories.

TABLE 2										
description		kumite								
TYPE		NIHON	NIHON	SANBON	SANBON	SANBON	SANBON	IPPON	IPPON	IPPON
MALE or FEMALE		INDIVIDUAL	ROTATIONAL TEAM	INDIVIDUAL	INDIVIDUAL	TEAM	ROTATIONAL TEAM	INDIVIDUAL	TEAM	ROTATIONAL TEAM
MAX POINTS		4 POINT	4 POINT	6 POINT	6 POINT	6 POINT	6 POINT +	2 POINT	2 POINT	6 POINT
DURATION		01:30 MIN	4 MIN	2 MIN	3 MIN	3 MIN EACH	6 MIN RUNNING T	2 MIN	2 MIN EACH	4 MIN RUNNING T
Category*	Age									
Children A	under 7 years	X								
Children B	8	X								
Children C	9	X								
Children D	10	X								
Children E	11	X	X							
Children D	12	X	X							
Mini-Cadets	13-14			X			X	X		
Cadets	15-17			X		X	X	X	X	X
Juniors	18-20				X	X	X	X	X	X
Seniors	21-35				X	X	X	X	X	X
Veterans	36 - 40			X			X	X		X
Veterans	41 - 45			X			X	X		X
Veterans	46 - 50			X			X			X
Veterans	51 +			X						X